



*CISM SPORT COMMITTEE ORIENTEERING*

**CONSEIL INTERNATIONAL DU SPORT MILITAIRE  
INTERNATIONAL MILITARY SPORTS COUNCIL**

**01JUN20**



**CISM SPORTS REGULATIONS**

# **ORIENTEERING**

**2020**



**CISM SPORTS REGULATIONS – ORIENTEERING 2020**

## **INTRODUCTION**

All the first part of the 20th century the Orienteering was a typical Scandinavian sport. Since then there has been an important growth of the Orienteering as a competition sport all over the world.

The Orienteering is one of our youngest military sports. In 1965 the first championship was organized by Sweden. Its success is increasing.

The success of Orienteering in CISM is explained by the advantages derived from Orienteering's practice in the military formation.

Orienteering is a sport, in which the competitor visits a number of points marked on the ground, controls, in the shortest possible time aided by map and compass. The term competitor means an individual of either sex or team, as appropriate.

Orienteering within CISM consists of the following disciplines:

- Foot Orienteering (FootO)
- *Trail Orienteering (Trail) – To be introduced in WMOC 2024*
- *(Sprint Orienteering – To be decided.)*

The Orienteering-competitor needs:

- high physical qualities (endurance, strength and sturdiness to run in the forest),
- a perfect exploiting of the map,
- a rapid decision making.

## **1. REGULATION OF THE INTERNATIONAL FEDERATION**

The latest rules, especially the "*Competition Rules for IOF Foot Orienteering Events*" of the International Orienteering Federation (IOF) apply in principle, except for the provisions included in these regulations.

One of the TC members will also be a contact person to the IOF.

## **2. PARTICIPATION - COMPOSITION OF A MISSION**

### **2.1. World Championships**

#### **2.1.1. Total number**

The mission of a country taking part in the world championships may include a maximum of 14 persons:

- 1 chief of mission
- 1 team captain
- 1 coach/trainer/ad libitum
- 7 male runners
- 4 female runners

- 14 total

No more members may be included in a mission without the specific authorization of the organizing country.

### **2.1.2. Male Championship**

In the individual male championship and team championship each mission may enter a maximum of seven (7) runners.

### **2.1.3. Female Championship**

In the individual female championship and team championship each mission may enter a maximum of four (4) runners.

### **2.1.4. Relay Championship**

In the relay championship for men each mission may enter two (2) teams of three (3) runners. In the women relay championship each mission may enter one (1) team of three (3) runners.

### **2.1.5. Replacements**

The chief of mission, the team captain or the coach/trainer/ad libitum may replace a runner in case of “valid reasons”, as defined in the IOF rules.

### **2.1.6. Continental and regional championships**

No specific regulations. *(The organizer shall contact the TC to discuss)*

### **2.1.7. Tournaments**

No specific regulations. *(The organizer shall contact the TC to discuss)*

### **2.1.8. Clinics**

No specific regulations. *(The organizer shall contact the TC to discuss)*

## **3. COMPETITION PROGRAM (Men and Women)**

- Individual Middle Distance
- Individual Long Distance
- Team Competition (based on both individual competitions).
- Relay Competition

#### **4. EVENT PROGRAM**

The minimum duration of the stay is five (5) full days.

1 <sup>st</sup> day:	Arrival of missions	Monday normally
2 <sup>nd</sup> day:	Model event Preliminary Meeting/Technical Meeting Opening Ceremony	Tuesday
3 <sup>rd</sup> day:	Middle Distance	Wednesday
4 <sup>th</sup> day:	Long Distance	Thursday
5 <sup>th</sup> day:	Free (Sightseeing etc.) Enlarged Meeting	Friday
6 <sup>th</sup> day:	Relay Closing Ceremony Banquet	Saturday
7 <sup>th</sup> day:	Departure of missions	Sunday

The event Program may in co-operation with the PCSC Orienteering be changed.

#### **5. DRAWING OF LOTS**

##### **5.1. STARTING ORDER**

The starting order for the individual races shall be drawn the day before the run. The drawing of lots will be checked by the Event Advisor.

For the individual races groups of runners including a maximum of one (1) runner from each mission are constituted. The number of groups corresponds to the maximum number of runners allowed to run from each mission (see art 2.1.2 and 2.1.3.).

Example: If seven (7) runners per mission may participate, seven (7) groups are constituted, numbered 1-7. Groups start according to their number (1, 2, 3 etc.).

Before the drawing the team captains place their runners in the groups at their own choice. In each group the starting order is fixed by drawing of lots.

The drawing must avoid consecutive starts by runners from the same mission. At least two (2) runners from another mission must separate them.

The relay shall be organized in such a way that the teams of the four (4) best missions in the team placing at the current year's championship and the (2) teams of each mission will have as different relay-course-combinations as possible.

## **6. SPORTS REGULATIONS: SPECIFIC**

### **6.1. Start interval**

- Middle distance: Men and Women: 1 minute with dispersion, 2 minutes without dispersion
- Long distance: Men: 1 minute with dispersion, 2 minutes without dispersion
- Long distance: Women: 1 minute with dispersion, 2 minutes without dispersion

### **6.2. Basis times of the races**

The courses shall be worked out on the basis of the following expected winning times:

	<b>Men</b>	<b>Women</b>
Middle distance	25 minutes	25 minutes
Long distance	60-75 minutes	40-50 minutes
Relay legs	40 minutes	30 minutes

### **6.3. Dispersion**

	<b>Men</b>	<b>Women</b>
Middle distance	Yes/No. Preferably yes.	Yes/No. Preferably yes.
Long distance	Yes/No. Preferably yes	Yes/No. Preferably yes.
Relay legs	Yes/No. Preferably yes	Yes/No. Preferably yes.

### **6.4. Classifications**

#### **6.4.1. Individual**

Individual placings (men and women) for each of the individual races.

#### **6.4.2. Team placings**

##### **6.4.2.1. Men**

The score is calculated by adding the four (4) best times achieved in the middle distance and the four (4) best times in the long distance.

##### **6.4.2.2. Women**

The score is calculated by adding the Three (3) best times achieved in the middle distance and the three (3) best times in the long distance.

### **6.4.2.3. Tie**

In case of a tie between teams, placings will be determined on the basis of the best individual combined result (middle and long added), then second best etc.

### **6.4.3. Relay**

Placings for the relay (relay championship) are established by the places of the 3rd (4th) runners. The individual times of all runners are given in the results.

## **6.5. Results**

Provisional placings will be calculated at the conclusion of each race and provided to the missions without delay. A scoreboard at the finish may be used to this end.

Final placings will be established as rapidly as possible, quoting intermediate times at each control in the individual races. At least two (2) copies more than the number of participants in the mission, together with maps, will be handed out to the missions or sent to the delegations.

## **6.6. Event Advisor (EA)**

WMOC shall be controlled by an Event Advisor (EA). The EA will be appointed by the TC President.

The EA is the official representative and is subordinate to the TC President.

The organizer shall always appoint a controller. This controller shall assist the EA.

The EA shall help the TC President to ensure that rules are followed, mistakes are avoided and that fairness is paramount. The TC President and the EA have the authority to require adjustments to be made if he or she deems them necessary to satisfy the requirements of the event.

The EA shall work in close collaboration with the organizer, and shall be given all relevant information. All official information sent to federations (“Bulletins”) shall be approved but the EA.

The EA shall make as many supervisory visits as necessary. The visits shall be planned in agreement with the TC President and the organizer.

The following tasks shall be carried out under the authority of the EA:

### **Initial planning<sup>1</sup>**

1. To approve the venue and terrain for the event.
2. To look into the event organization and assess the suitability of the proposed accommodation, food, transport, event program and training possibilities.

### **Main tasks**

1. To check that the map confirms with IOF standards.
2. To approve the courses after assessing their quality, including degree of difficulty, control settings, and equipment, chance factors and map correctness.

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<sup>1</sup> Usually conducted by the TC President and the EA during the first planning/supervisory visit.

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3. To check any course splitting method and course combinations.
4. To approve the organization and layout of of start, finish and changeover areas.
5. To assess the reliability and accuracy of the time-keeping and result producing systems (including punching-system)
6. Check that the model event corresponds to 2. and 3. above.

### **6.7. Technical Jury**

The Technical Jury is composed exclusively of *military personnel* with special knowledge in orienteering matters. The resident of the Jury is the acting President of the TC.

Under no circumstances can anyone belonging to the Organizing Committee be a member of the Technical Jury or the Jury of Appeal.

Four (4) members are chosen among the members of different participating missions and appointed during the Preliminary Meeting. Should there be more than four (4) candidates, they are chosen by drawing of lots.

When necessary the Technical Jury makes sure that the regulations are properly followed during the championship.

The Technical Jury controls and approves the results.

Any protest must be submitted in writing to the President of the Technical Jury, signed by the chief of mission or by a member of the jury.

The Technical Jury rules on all protests received in accordance with IOF and CISM regulations.

It hands over to the Official CISM representative, for transmission to the General Secretariat, the original of the protests as well as the decisions taken.

### **6.8. Official meetings**

The official meetings during the championship are:

- The preliminary meeting followed by the technical meeting
- Meetings of the Jury of Appeal and the Technical Jury
- The TC Enlarged Meeting
- Internal meeting(s) of the TC.

## **7. ANTI DOPING CONTROLL**

1.	Doping is defined as <ul style="list-style-type: none"><li>- the presence of prohibited substances or its metabolites or markers in an athletes bodily specimen</li><li>- the use or the attempted use of a prohibited substance or a prohibited method</li><li>- the refusing, or failing without compelling justification to submit to sample collection after notification</li></ul>
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2.	Doping, according to this definition, is strictly forbidden in CISM, and especially in Orienteering.
3.	At least at each CISM Military World Orienteering Championship, if possible also at other major events, anti-doping controls will be carried out according to the latest CISM Anti Doping Regulation (Chapter IV, CISM Policy Manual) which is fully in line with the Anti-Doping Code of WADA.  Specificities of the IOF Anti Doping Regulation will be considered when necessary.
4.	The operative responsibilities of the anti-doping controls will lie with the Anti-Doping Commission formed for the considered event. The composition and tasks of this commission are defined in the CISM Anti Doping Regulation
5.	At World Military Orienteering Championships, at least five (5) tests will be carried out without considering world records.
6.	The list of prohibited substances and methods used for the anti-doping testing in CISM events will always be the actual WADA list

### **8. TITLES AND AWARDS**

#### **8.1. Titles World Championship (Men and Women)**

##### **8.1.1. Individual Title**

- "(Year) World Military Champion in Orienteering Middle Distance".
- "(Year) World Military Champion in Orienteering Long Distance".

##### **8.1.2. Team Title**

- "(Year) World Military Champion in Orienteering Team".

##### **8.1.3. Relay Title**

- "(Year) World Military Champion in Orienteering Relay Team".

#### **8.2. Awards**

##### **8.2.1. Official medals**

CISM official medals (Gold, Silver, and Bronze) will be presented by the organizing nation to:

- the three (3) best runners in the middle distance (men and women) to the three (3) best runners in the long distance (men and women),
- all runners having contributed to the times of the three (3) best teams in the team championship, (men and women),
- the runners in the three (3) best placed teams in the relay championship (men and women).



**8.2.2. TROPHIES**

Trophies, if any, will be awarded, when accepted by the TC.

**8.2.3. PRIZES**

Prizes, if any, will be awarded to the competitors best classified in the overall individual placings.